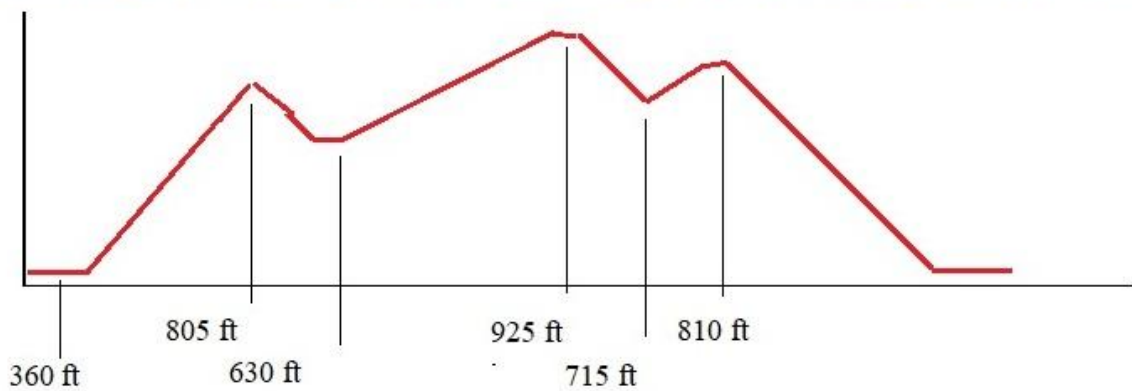
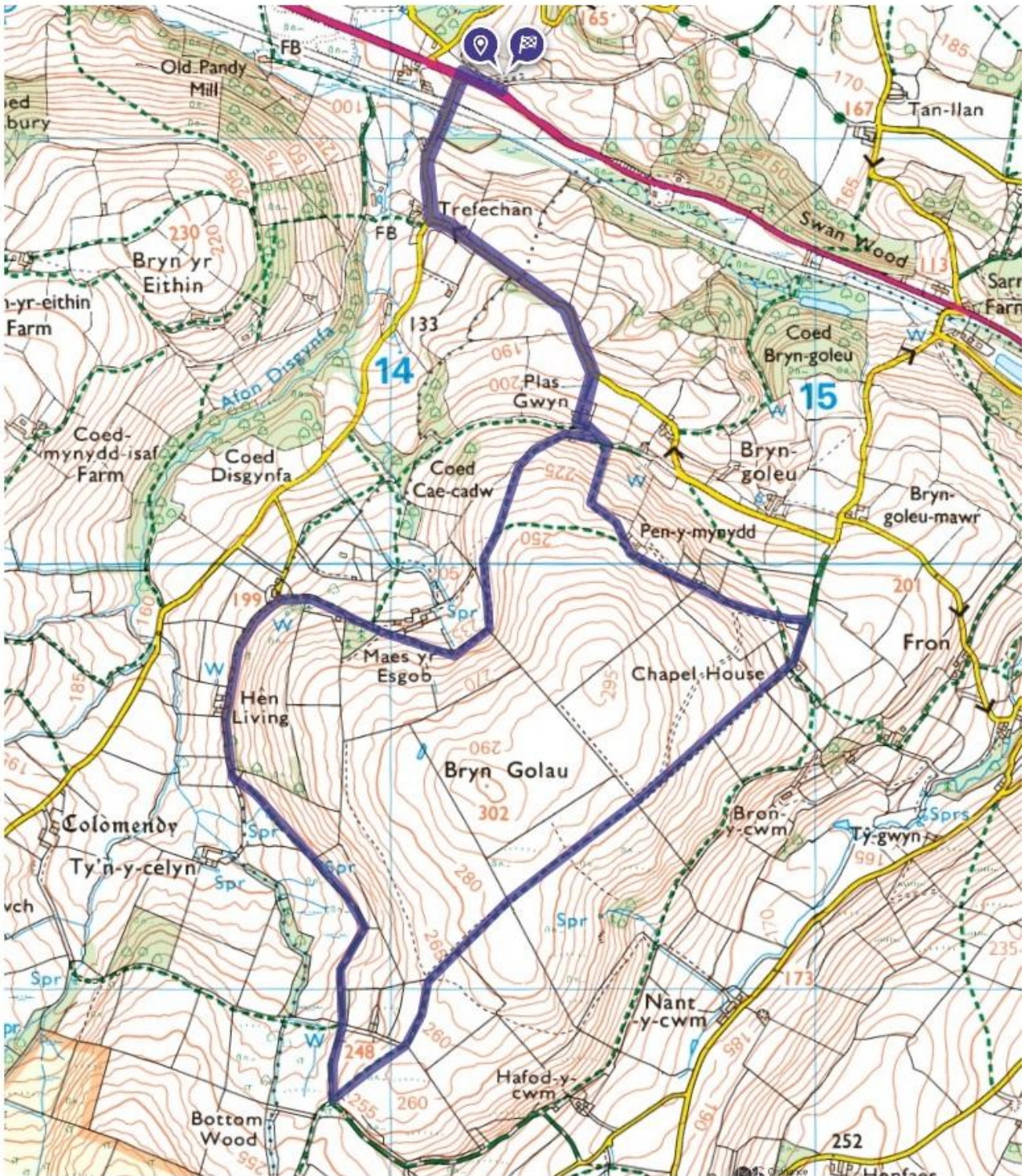


Bryn Golau - Green Horse Circular 5 miles  
Low point 360ft High point 925ft Total ascent 860ft



Parking - lay-by on A541 at SJ 1424 7111 - 53.2300,-3.2858

Some road and lane but mainly footpaths or bridleways across fields  
with splendid panoramic views.

From the lay-by, cross the A541 and turn right, then turn left up the unmarked lane.

Take the first lane on the left.

After 600 yds (550 mtrs) take the Bridleway to the right, passing up through Plas Gwyn.  
(Keep a lookout for the green horse and red foxes.)

Then, at the grass bank on the right, turn sharply right (almost 360°) to follow the footpath through the gates.

The path rises across the hillside, then descends slightly to go through a kissing gate.

Follow the fence line around, past Maes Esgob, then follow the lane to the left.

Shortly, about 140 yds (130 mts), after passing the building on the right (Hên Living), follow the bridleway on the left.

After 1/2 mile (0.8km), cross the stile on the left, go straight on to the far corner and cross the stile.

Keep to the left hedge/fence line until the second gate then turn right, up the fence line.

The path then runs almost straight for 0.7 miles (1.1km), then passing a neglected property on the left, before becoming a bridleway.

Turn left past the new build, on the left.

Just before the entrance of Pen Y Mynydd, turn left over a stile, then right along the fence line.

As the fence ends, turn diagonally right, then sharp right down to the bottom corner.

Cross the stile (take care - the grassed bank onto lane is quite steep) and turn left.

Retrace your outward walk back to the lay-by.