

01 Rhualt Cwm Woods Circular 5.4miles

Lowest Point 180ft Highest Point 895ft Total Ascent 1280ft

Park in Layby (SJ0735275079) on B5429 just below Rhualt crossroads .

From the layby, walk up to the crossroads (SJ0744075089) and turn left towards Dyserth.

After 150yds find a signed footpath off to the left (SJ0738375218).

Follow the footpath markers, for about a mile, across several fields and stiles to emerge onto a lane (SJ0604475565).

Turn right to follow the lane around to the left, then follow the footpath sign off to your right (SJ0606575688).

Follow the footpath signs to emerge onto the road (SJ0681576338).
(Note: an easier stile can be found by following the hedge, alongside the road, off to the left.)

Turn left, for c.600yds, then follow the lane off to the right (SJ0654076827).

After 0.5mile find a signed footpath (SJ0710577154) cutting sharply back to the right.

Follow the footpath for c.0.5mile to pass a property (Aelwyd Uchaf) on the left .

Then after 100yds take the right fork to join the forestry track for 0.25mile to emerge onto a road (SJ0745076902).

Turn right and follow the road for 0.3mile then turn right onto a signed footpath (SJ0849076562) for 1mile.

Some care is required in this section. The path is a gentle decent until after Pen Y Mynydd Farm (SJ0776075884) when the descent becomes steeper and can be slippery underfoot, especially after wet weather.

When the path emerges onto a road (SJ0726275535), turn left, then at the crossroads turn right and you are back at the start.



